









# Wandsworth Drug and Alcohol Services

December Bulletin 2019

## **Upcoming Christmas Events @ Wix's Lane**

Activity	Date	Time	Location
Christmas Card	Tuesday 10 <sup>th</sup>	2pm – 4.00pm	Recovery Hub,
Crafts	December		Wix Lane
Wreath Making &	Wednesday	1pm – 4.30pm	Recovery Hub,
Biscuit Decorating	11 <sup>th</sup> December		Wix Lane
Christmas	Thursday 12 <sup>th</sup>	12pm –2 pm	Recovery Hub,
Decoration Making	December	(lunch	Wix Lane
and Tree Decorating		provided)	
Christmas Lunch	Friday 20 <sup>th</sup>	12.30pm –	Recovery Hub,
	December	4.30pm	Wix Lane

# **Evening groups at Heathbridge Medical Practice**

Every Monday and Weds from 5-6.15pm there are evening groups. These groups are for those clients needing additional abstinence support or those accessing Community Detox options and there is no referral necessary.

Tea and Coffee available, easy access - Annabel facilitates these groups, along with Anya, and helps clients link in to additional support services as well as offering support on the day for the challenges that life may offer as well as exploring the 'freedoms' of abstinence from substance use - Come along and join us, hope to see you there!

#### **Xmas Quiz Night and Xmas Party**

At 229 Garratt Lane and by popular demand! We are holding a Christmas Quiz night on Thursday 12<sup>th</sup> December at 6pm -9pm, some food provided.

Also the Social Club will be having their Xmas Party on Thursday 19th Dec from 6pm. Both events are open to all.

#### **New Addictions Services Contract Award**

We are now able to confirm that WCDAS will continue to deliver Substance Use Disorder services in the borough of Wandsworth. The current Consortium made up of SLaM, Addaction and Mungos will be joined by CDARS from 1st April 2020. We will also start delivering services in Richmond from April 1st; this is a ten year contract for both boroughs. We are looking forward to further developing the treatment offer with service user input- more to follow.

#### **New Assessments**

The final day for triages will be Friday, 20th December 2019 and will resume on Thursday, 2nd January 2020 for both sites. However, if anyone contacts or attends the service they will be seen and given advice for over the festive period. Unfortunately we cannot organise opiate re-starts on Christmas Eve as this will not give us time to ensure you are on a safe dose.

### **Carer's Assessments**

Are you providing care and support to another adult due to their substance misuse needs?

Did you know you could be eligible for support as a Carer?

You may not have thought of yourself as a 'carer' previously, however carers provide support to friends, relatives, partners or others by providing practical and/or emotional support. The Substance Misuse Social Work Team and Adult Social Care recognise the incredibly important role informal carers play in supporting service users due to their substance misuse needs.

As a carer you are entitled to an assessment in your own right, to consider your needs and the impact your caring role is having on your daily life and wellbeing. A Carers Assessment involves talking with a member of the Social Work Team about your needs, in a location where you feel comfortable. This could be jointly with the person you provide support with or separately if you prefer. The key aim of the Carers Assessment is to consider your needs as a Carer.

Where needs are identified as an outcome of a Carers Assessment this can result in provision of information on support services, signposting and referrals to voluntary sector agencies, and/or support through the Local Authority.

Carers can self-refer for an assessment through the Access Team or through Wandsworth Carers Centre. Referrals can also be made through our Health or Voluntary sector partners including GPs.

For more information visit: www.wandsworth.gov.uk Or contact the Access Team on: accessteam@wandsworth.gov.uk 020 8871 7707

## How to access support

Walk in, self-referral for assessment Battersea and Tooting 9 -11:30 Mon, Tues, Thurs and Fri CLOSED BANK HOLIDAYS

WCDAS Battersea: St. John's Therapy Centre, 162 St John's Hill, SW11 1SW. Tel: 02088124120

WCDAS Tooting: 1079 Garratt Lane,

London, SW17 0LN. Tel: 02032288080

Aurora Peer Support and Wandsworth Service User Network: 229 Garratt Lane, SW18 4DU. Tel: 020 8704 0172

Recovery Hub: 117 Cedars Road, SW4 OPW. Tel: 0207 501 2615

0PW. Tel: 0207 501 2615

CDARS Day Programme: 0207 498 6149 Workers in GP surgeries: Bridge Lane, Chatfield, Mayfield, Heathbridge, Battersea Fields, Putney Mead, Tudor Lodge, Bollingbrook, Lavender Hill, Brocklebank, Danebury, Balham Park.