

## Dear Resident,

As we approach the end of the latest Lockdown I am writing to first thank you for all your efforts in following the recent guidance and helping to keep Wandsworth safe. I know what a difficult time this has been for everyone and the latest Lockdown restrictions are hard for us all.

From Wednesday, December 2nd London will go into High Alert Tier 2, with a new set of guidelines for us all to follow. These are printed in full on the flip side of this sheet and I urge everyone to please try and keep to the new rules to help ensure we don't end up in a higher tier with stricter restrictions.

We can all do our part to help drive down the rates of this virus in the borough and ultimately save lives.

As the festive season approaches it is more important than ever that we pull together and carry on making the sacrifices necessary to keep us all safe.

Below are some useful contact numbers should you need help, support or advice. In the meantime please check the council website for all the latest information as the latest restrictions will be under regular review.

Thank you for all you are doing.

**Cllr Ravi Govindia**, Leader, Wandsworth Council



## Need further help?

For advice or support in relation to COVID-19, please call the **Community Hub** on **(020) 8871 6555**.

## Where can I get tested?

Testing sessions will be held at Sudlow Road, Wandsworth on **December 3, 7, 9, 12, 17, 22, 24, and 30**.

You should **only book if you have symptoms** or have been asked to by a doctor or health professional. You must book in advance.

**Book a test** and find out about self isolation at [nhs.uk/conditions/coronavirus-covid-19/](https://nhs.uk/conditions/coronavirus-covid-19/) or call **119**.

For updates on changes to council services visit [wandsworth.gov.uk](https://www.wandsworth.gov.uk)  
If you don't have access to the internet call **020 8871 6000**.

## Worried about your mental health?

If you need mental health support in a crisis you can call the 24/7 **Mental Health Support Line** on **0800 028 8000**. It is open to children and adults of all ages, and to people who haven't previously accessed mental health services.

**HANDS**  **FACE**  **SPACE** 












[www.wandsworth.gov.uk/coronavirus](https://www.wandsworth.gov.uk/coronavirus)

# TIER 2

# HIGH ALERT

FROM 2 DEC

<b>MEETING FRIENDS AND FAMILY</b>  <p>No mixing of households indoors, apart from support bubbles. Maximum of six outdoors.</p>	<b>BARS, PUBS AND RESTAURANTS</b>  <p>Pubs and bars must close, unless operating as restaurants. Hospitality venues can only serve alcohol with substantial meals. Venues must stop taking orders at 10pm and must close by 11pm.</p>	<b>RETAIL</b>  <p>Open.</p>	<b>WORK AND BUSINESS</b>  <p>Everyone who can work from home should do so.</p>
<b>EDUCATION</b>  <p>Early years settings, schools, colleges and universities open. Childcare, other supervised activities for children, and childcare bubbles permitted.</p>	<b>INDOOR LEISURE</b>  <p>Open.</p>	<b>ACCOMMODATION</b>  <p>Open.</p>	<b>PERSONAL CARE</b>  <p>Open.</p>
<b>OVERNIGHT STAYS</b>  <p>Permitted with household or support bubble.</p>	<b>WEDDINGS AND FUNERALS</b>  <p>15 guests for weddings, civil partnerships, wedding receptions and wakes; 30 for funerals.</p>	<b>ENTERTAINMENT</b>  <p>Open.</p>	<b>PLACES OF WORSHIP</b>  <p>Open, but cannot interact with anyone outside household or support bubble.</p>
<b>TRAVELLING</b>  <p>Reduce the number of journeys you make and walk or cycle if possible. Avoid busy times and routes on public transport. Avoid car sharing with those outside of your household or support bubble. Avoid travelling outside your area, or entering a Tier 3 area, other than where necessary such as for work or education. Further exemptions apply.</p>	<b>EXERCISE</b>  <p>Classes and organised adult sport can take place outdoors, but cannot take place indoors if there is any interaction between people from different households. Organised activities for elite athletes, under-18s and disabled people can continue.</p>	<b>RESIDENTIAL CARE</b>  <p>Visits to care homes can take place with arrangements such as substantial screens, visiting pods, and window visits. Testing for visitors will be rolled out in the coming weeks which combined with other measures will help protect care home residents.</p>	<b>EVENTS</b>  <p>Sport, live performances and business meetings limited to 50% capacity or 2000 people outdoors (whichever is lower) and 50% capacity or 1000 people indoors (whichever is lower)</p>

## Find out what support you can get

For example, if you're out of work, need to get food, or want to take care of your mental health.

[gov.uk/coronavirus](https://www.gov.uk/coronavirus)

## If you have any coronavirus symptoms:

A high temperature • A new, continuous cough  
A loss of, or change to, your sense of smell or taste.

Get a test and stay at home

[nhs.uk/conditions/coronavirus-covid-19/](https://www.nhs.uk/conditions/coronavirus-covid-19/)

For more information and detailed guidance visit:  
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)

