

Wandsworth schools and families

FEBRUARY 2016

Headstart

Distributed through schools across the borough



WANDSWORTH LEISURE CENTRES REDEVELOPMENTS



Wandsworth's Leisure Centres have benefited from £3.5 million of refurbishments works since the start of 2015. The centres are owned by the council and managed by Places for People. We took a closer look at 3 of these centres.



Balham Leisure Centre

From January to June 2015 Balham Leisure Centre underwent a transformation. This Grade 2 listed building celebrated its 100th birthday in 2014, therefore restoring its character and charm was always part of the plan.

The swimming pool surround was retiled and new poolside sauna and steam cabins were built. A brand new dance studio was built along with two new treatment and therapy rooms. The existing dance studio was extended and the gym gained the latest fitness equipment. All the centres changing rooms were completely redeveloped and all finished to a high specification.

 "@BalhamLC Great swim in refurbished pool #ILoveSW #LoveBalham"

 "The best leisure centre I have ever been to. Friendly and family feel certainly adds to why I have been a member for many many years. Recently refurbished studio room is fantastic."



Latchmere Leisure Centre

Latchmere Leisure Centre's great beach effect leisure pool opened to the public this Easter complete with a brand new changing village. As well as a complete refurbishment, the space has been reorganised to include additional group changing rooms and poolside screens to improve bather comfort. In short the whole changing experience at Latchmere has been improved tremendously.

The gym was extended and gained the latest cardiovascular equipment along with a great range of strength and functional training equipment. Latchmere also introduced a state-of-the-art fingerprint entry system for gym users to gain quick and easy access on each visit.

Lastly the male and female sports changing rooms received a complete refurbishment, as well as refurbishments to communal areas and circulation corridors.

 "Great morning swim at refurbished @latchmerelc #thisgirlcan"

 "Loving the new changing rooms!"

Tooting Leisure Centre

Refurbishments at Tooting Leisure Centre began in the gym during December 2014. The gym benefited from new flooring and redecorations as well as new strength and functional training equipment. The indoor cycling studio received a makeover and new treatment rooms and office spaces were built. During the first half of 2015 the changing village and the male and female sports changing rooms were completely redeveloped. The refurbishment was complete when new steam and sauna cabins were added to the poolside.

 "Loving the new steam and sauna at @tootinglc, a very welcome addition"

 "Liking the refurb of the gym @tootinglc! More kit & more workout space! #tooting"



Balham: 020 8772 9577 • Latchmere: 020 7207 8004 • Tooting: 020 8333 7555

www.placesforpeopleleisure.org

**Gym • Swimming classes • Kids activities
Courts • Halls • 3G pitches**



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listings
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this month



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New home for St John Bosco

St John Bosco College has moved to its new home in Parkham Street, Battersea. A formal opening ceremony was held in November, attended by the Archbishop of Southwark, the Most Rev Peter Smith.

The site was previously occupied by the old Salesian College buildings. Salesian College and John Paul II School merged in 2011 and the new St John Bosco College was temporarily based on the old John Paul II site in Southfields, before moving to its new home last term. The school now has state-of-the-art facilities and has increased to seven forms of entry.

Minister opens Floreat

Secretary of State for Education Nicky Morgan MP has officially opened the new **Floreat Primary Academy** in Earlsfield. The Secretary of State visited classrooms to meet children and teachers before declaring the Garratt Lane school open.

Headteacher Matthew Custance said: “Floreat Wandsworth opened with a clear focus: to develop children’s character virtues alongside the development of their academic knowledge.

“The school currently has a thriving nursery and two reception classes full of happy high achievers! By 2022, Floreat Wandsworth will serve over 450 children from the community and provide the best possible education for all our learners.”

Find out more at floreat.org.uk/wandsworth.

Shanghai style maths

Maths teachers at **St Cecilia’s Wandsworth** and the Shanghai Pengpu Junior School and Tianyuan Foreign Language Experimental Primary School have exchanged places.

Celeste de Silva from St Cecilia’s Wandsworth went to China, and two Shanghai teachers taught in Wandsworth last term.

The exchange explored ways in which new teaching approaches can help pupils acquire a deep understanding of mathematics.

St Cecilia’s Wandsworth is also celebrating after it won a Good Schools Guide award for best performance at an English comprehensive school in Art and Design (Textiles).





Oasis Academy Putney near completion

The borough's newest primary school is taking shape in time to welcome its first pupils this September.

Once fully occupied, Oasis Academy Putney will provide places for 420 four to eleven year olds, helping to address the need for more places in this part of Putney. This September it will have an initial intake of 60 reception pupils.

Pride of place in the entrance hall is a decorative stone, saved by local conservators from the old nursing home that previously stood nearby.

The new school will be run by Oasis Community Learning, an academy chain with 47 other schools across England, and part of a community development charity, Oasis.

Di Morgan, Principal Designate of the new school said, "Oasis Academy Putney will be a happy, safe and challenging environment in which local children will be able to flourish academically and grow into caring and responsible members of their local community. Today is another exciting step towards our opening."



To find out more:

Call: (020) 7921 4263

Email: info@oasisputney.org
oasisacademyputney.org

Follow OasisAcademyPutney on Facebook or @OasisPutney



More and more discounts and offers are available to families with disabled children through the council's WAND Card scheme.

The WAND Card celebrated its third birthday with a party in Battersea Park Zoo, and now has around 800 holders.

The zoo is the council's oldest WAND partner and has given free entry to card holders and a parent or carer since the scheme started.

Registered WAND card holders can get concessions at some venues including Wandsworth Council leisure centres, local libraries, Tooting Bec Lido, London Recumbent cycles in Battersea Park, Tara Arts, Disability Sports Coach, Putney School of Art and Design and Battersea Arts Centre.

Other organisations offer extra help. Visitors to the town hall can be fast tracked if necessary, and you can get free parking in St George's and Queen Mary's Hospitals. Southside Shopping Centre, Sainsbury's in Putney and Asda in Clapham Junction provide extra support, and you can get exemption from late return charges at Wandsworth's libraries.

More benefits are expected to be announced shortly.

Find out more at wandsworth.gov.uk/localoffer or call the Family Information Service on (020) 8871 7899.



Honour for councillor

Cllr Kathy Tracey, executive member for Education and Children's Services at Wandsworth Council, has been awarded an OBE in the Queen's New Year's Honours list for services to local government.

Ready, Get set, Bake!



The Mini Cooking club has come to Battersea.

Get hands on in the kitchen at free Cooking With Kids cookery workshops being run at the London Kitchen Project in Ethelburga Street.

The Mini Cooking Club is a charity working with London communities to spread a love of cooking and encourage healthy eating.

The council funded programme lasts for six weeks and children aged seven to 11 will be taught by trained cooking assistants how to cook two healthy dishes per session. As well as basic cooking skills, you will learn about kitchen hygiene, safety and nutrition and healthy eating.

Programmes run throughout the year. The next course runs from March 5 to April 16 and is on Saturdays at 11am to 1pm. All cooking equipment and food is provided.

Email to book your place:
saturdays@theminicookingclub.org.uk.
Find out more at theminicookingclub.org.uk

Win for Burntwood

Burntwood School has won this year's prestigious RIBA Stirling Prize for the quality of its architecture.

In the last Headstart we reported that the school was one of six projects to be shortlisted nationally. The £40m rebuild project won after judges ruled that it “encompasses great contemporary design and clever reuse of existing buildings as well as superb integration of artwork, landscaping and engineering.”

The building works were carried out by construction firm Lend Lease with the design work led by Allford Hall Monaghan



Morris (AHMM). The project was managed and overseen by Wandsworth Council. The changes have enabled the school to cater for an additional 250 pupils, including an expanded sixth form of up to 400 students.



Brand new St Mary's on track



Pupils are expected to move into the rebuilt **St Mary's RC School** in Battersea from September. The school will increase to around 480 pupils, helping to provide much needed new primary school places.

The project has been planned so the school can move from the old building to the new building as the development progresses, allowing it to remain open throughout the construction. The school is set to fully open in September 2017.

Taylor Wimpey Central London is building the school as part of its Battersea Exchange development and has sponsored a new set of football kit and ran a Christmas card design competition for pupils at the school. The school has also been working with the Pump House Gallery in a Taylor Wimpey Central-funded project, Moving Walls, to install an artist in residence. Over the spring term artist Orly Orbach will work with teachers and pupils to transform the hoarding that has been built around the school into a collaborative sketchbook.

Top marks for phonics

Nine primary schools in Wandsworth have been praised for achieving excellent results in last summer's national phonics tests.

The test results measure how well six-year-old pupils can read and understand written words. They are an important element of the national curriculum and key to good writing and reading skills.

The nine schools all achieved virtually perfect scores with nearly every single pupil passing the tests. This success rate puts these schools in the top five per cent of high performing schools nationally.

The schools, with their test scores in brackets, are **St George's** (100%); **St Anselm's** (100%); **Chesterton** (97%); **Holy Ghost** (97%); **Honeywell infants** (96%); **Belleville** (96%); **John Burns** (96%); **Alderbrook** (96%) and **Granard** (95%).

GYMBOREE

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Gymboree Wandsworth 020 8870 0068
wandsworth@gymboree-uk.com

YOUNG ADULT CARERS

Are you aged 14-25 years old? Are you providing care for someone with a disability or illness that relies on you? Are you getting the support you need?



Wandsworth Carers' Centre can support you if you, or the person you care for, live in Wandsworth. For more information call **020 8675 0811**, email support@wandsworthcarers.org.uk or visit www.carerswandsworth.org.uk

Wandsworth Carers' Centre



Registered Charity No: 1053121 • Company No: 3152094

Keep up with Wandsworth Carers' Centre on Facebook and Twitter [@CarersWandsworth](https://twitter.com/CarersWandsworth)

Success for Southfields

Southfields Academy is celebrating after a string of successes for its sixth form.



The academy had a hundred per cent A-level pass rate last year – 21 per cent at A* or A. Outstanding students included Mohamed Ahmed (pictured below), who received three A*s and is now studying Law at the University of London.

One student, Roza Gyorfı (above right), even appeared on ITV news, and on the news in her native Hungary, to become the Academy's first-ever student to win an Oxbridge place. Roza is studying History at Oxford, and other Academy students are

applying for Oxbridge places this year.

Southfields also won two 2015 Good Schools Guide Awards for Girls taking Business Studies and Economics at A level and for Boys taking German at A level.



YOU CAN'T VOTE.

In the Mayor and London Assembly Elections
Unless you've registered to vote

16 and 17 year olds should register now, to ensure they can vote as soon as they turn 18

It only takes a few minutes. Go to gov.uk/register-to-vote



YOUR VOTE MATTERS

DON'T LOSE IT





Rhyme time

Belleville pupils get their prize from poet Joseph Coelho

The Key Stage 2 Word of Mouth competition saw students from 15 borough primary schools bringing poems to life.

Word of Mouth, held at the town hall, sees children compete to recite poems in a way that brings their meaning to life and entertains an audience.

Headstart reported on the Key Stage 1 competition last October.

The Key Stage 2 group winners were **Belleville School**, praised by judges for their teamwork and timing. The individual winner was Caragh Haspel from **St Anselm's School**. Her reading was described as 'poised and well-rehearsed and captured the mood of the poem.'

Awards for kids in care

Fifty young people in council care have been given awards for outstanding academic achievement.

The Keith Bridgman Awards, also known as the 'Glammies', are run by the council's Virtual School, which supports Wandsworth's 'looked-after' children to achieve in education .

Teachers nominated young people from year 8 to graduate level for the award. This year Wandsworth has 24 of the young people it looks after in university.



Jonathan Bello, pictured with deputy mayor Leslie McDonnell, achieved a BSc in psychology and pharmacology

Nine young people have graduated with BA degrees in fashion, information technology, ancient history and contemporary jazz and BSc degrees in physiotherapy, and computer science. One young person was awarded a MSc in banking and finance.

Teenagers take over!

Young people took over the town hall in November, shadowing senior decision makers.

Takeover Day is a national annual event organised by the Children's Commissioner for England which gives young people the chance to work with adults for the day and be involved in decision making.

The Wandsworth event was coordinated by the Wandsworth Youth Council.

One of the students, 17-year-old Isaiah Springer, shadowed members of the communications team. He toured Nine Elms and interviewed the leader of the council, Ravi Govindia, about his vision for the area and wrote an article for Headstart (see below).



Nine Elms on the up!

BY ISIAH SPRINGER

Regeneration is the theme shining on the community more than ever before. Battersea Power Station, unused for decades, is now being transformed into a huge attraction in part of a £15 billion scheme to reconstruct Nine Elms on the Southbank into a new modern attraction brimming with opportunities for the community.

Described as a possible new “Urban quarter of London” by Wandsworth Council leader Ravi Govindia, the area has a new-found positive vibe as in the next decade the region will have an expected 20,000 new homes - with 4,000 of these



being more affordable despite the fact that the area is oh-so-close to the heartbeat of London.

In addition, in an area near the power station there are plans for a new Northern Line extension. The tube line will close the gap between Nine Elms and tourist goldmines such as Oxford Street.

So its not a surprise that in November Waitrose opened a brand new store in the heart of the south London community. Ben Brown, the new assistant manager described the region as “the largest development in London” and the new store already taking strides to “marry” the existing and the new community with charity schemes which help the people give back into their own community. The supermarket giant has also created 70 brand new jobs.

Find out more about what's going on at Nine Elms at nineelmslondon.com.

With the Wandsworth council leader .
#TakeoverChallenge #takeoverday
@wandbc @WBCYouthCouncil Amazing Day!!



New home for Mosaic

Mosaic Jewish Primary School moved to its new home in Roehampton last term.

The school has grown to four classes and has been rated outstanding by Ofsted. The school invited a cross communal group of local rabbis and synagogue representatives to celebrate the fixing of mezuzo to the exterior doors of the new school building.

A mezuzah is a piece of parchment inscribed with specified Hebrew verses affixed to the doorframe in Jewish homes and buildings.



Family-friendly Jenniflowers

Jenniflowers Nursery has won the award for being the most family-friendly business at the Wandsworth Business Awards.

Jenniflowers in Southfields impressed the judges with their business ethos, family friendly staff benefits and support for the community, including a free weekly Rest and Play Playgroup for children with special educational needs and disabilities.

This is the first year the family-friendly prize was given at the awards, held annually by the Wandsworth Chamber of Commerce.

Money advice

DROP IN

Do you have money worries?

If so come to our one-off **Money Advice event.**

15th - 19th February, 10am till 4pm.
Southside Shopping Centre (Opposite TK Maxx)



To find out more call
020 8871 8987

Don't bury your head in the sand, **get advice...**





Masterclass for young chef hopefuls

Competitors in the third annual Wandsworth Young Chef of the Year competition have been learning some vital skills to help take their cooking to the next level.

They have received a cooking masterclass from the South Thames College – Hospitality and Catering Academy to help them prepare for the grand final of the Wandsworth inter-school competition.

Young Chef of the Year run by the Mayor of Wandsworth and the council's public health team, teaches young people how to cook good healthy food to a budget and helps young people get a foothold in the catering industry.

Schools have just finished holding 'cook-offs' to choose their finalists, who are receiving extensive support and mentoring from chefs at major catering company Compass, which has been involved with the competition since it launched in 2013.

Also supporting the scheme is Billingsgate Fish Market which this month will be teaching finalists how to choose, prepare and cook fish.

Finalists will compete this spring in the grand final judged by TV chef Anthony Worrall Thompson, Nick Vadis and Ross Anderson of South Thames College.



The schools taking part are:

- Ashcroft Technology Academy
- St Cecilia's, Wandsworth
- Burntwood School
- Ernest Bevin College
- Southfields Academy
- Harris Academy, Battersea
- Graveney School
- Chestnut Grove Academy

HOME SAFETY



The launch of Wandsworth Safety Equipment Scheme for Children

FREE SAFETY EQUIPMENT FOR YOUR HOME

Who is Eligible?

Families with children aged 0-5:

- on income support
- on higher tax credit
- under the Family Nurse Partnership
- with special needs

What is available?

- Stair Gates
- Corner Cushions
- Socket Covers
- Smoke Alarms
- Bath Mats
- Other various items, please ask for details

How do I access the scheme?

- Contact your health visitor

<http://fis.wandsworth.gov.uk/healthvisitors>

CASE STUDY

Mr and Mrs T had a little girl aged 18 months. Mr T was making a cup of tea in the kitchen; he poured the boiling water into the cup then turned to get the milk.

The little girl reached up grabbed the cup and poured the boiling water over her face and chest. The child was rushed to hospital.

This could have been avoided by the use of a safety gate at the kitchen doorway.

Most accidents can be prevented by the use of simple safety equipment in your home.

Serious accident such as burns and scalds are always preventable

Do not let this happen to your child, Ring your health visitor if you are eligible.



Double the fun

Wandsworth Twins Club supports families of twins or more and is totally run by parent volunteers who understand raising twins is a unique experience.

Activities include weekly playgroups, girls' night outs, coffee mornings, summer and Christmas parties and subsidised first aid courses.

Facebook groups which are exclusive to members act as a forum for sharing useful tips and for selling nearly new/used items. There is also a newsletter three times a year.

To find out how to join email membership@wandsworthtwinsclub.org.uk or chairperson@wandsworthtwinsclub.org.uk



Valuable scrap

The Work and Play Scrapstore provides clean materials for the community to use for art, craft, design and creative play, donated as surplus by eco-friendly businesses.

If you're a teacher, group leader, student, family or artist, you can visit as often as you like for a one-off annual fee, to collect materials and talk with the team about how to get the most out of your ideas.

Visitors are always welcome to pop in, have a look around and chat with the team. Find out more at workandplayscrapstore.org.uk or call (020) 8682 4216.

New youth sports sessions for Battersea estates

Young people from the Winstanley and York Road estates in Battersea will be offered a wide selection of sport and fitness training thanks to a £150,000 grant from Sport England.

The sessions, which focus on people aged 14 to 25, will include boot camp classes, basketball, football, dance, athletics, female only activities and youth take over nights at local leisure centres.

Later on in the three-year programme there will also be sport themed community events and training courses leading to valuable coaching qualifications.

The bid for Sport England funding was submitted by Enable Leisure & Culture which runs sports services on behalf of Wandsworth Council.

The total cost of the programme is expected to be around £225,000, with the remainder coming from the council and local partners including Carney's Community and Places for People Leisure.

For further information please call 020 8871 8357 or email activelifestyles@wandsworth.gov.uk.



Active Wandsworth

Some of the borough's finest sportspeople, teams, volunteers, teachers and coaches are in the running for this year's Active Wandsworth Awards.

Nominees are competing across 11 separate categories and the eventual winners will be revealed by Sky Sports News presenter David Garrido at the prize giving event at the Wandsworth Civic Suite later this month.

Nominees for Community Sports Team of the year include Balham Blazer's Under 17's, Herne Hill Harriers Distance Team and Spencer Hockey Club Girls U12's team. Balham had an amazing treble winning season including being winning the London Cup, Herne Hill enjoyed success at the National Cross Country Relays in November whilst Spencer were also crowned as National Champions in 2015.

Nominees for Schools Sports Team of the Year include **Ernest Bevin's** successful Judo programme which has delivered medallists at regional and national competitions, **Penwortham Primary School** Football Team which had fantastic success across a number of borough tournaments as well as regional competitions and **Putney High School's** Rowing Team which clocked-up an impressive list of achievements which included regional and national successes.



How do you get to school?



Thirty-one borough schools have achieved Transport for London accreditation for their school travel plans.



Furzedown Primary School achieved gold accreditation, Burntwood School and Eveline Day School received silver and a further 28 schools achieved bronze.

School travel plans aim to reduce car use, increase walking and cycling and encourage the responsible use of public transport. Schools are judged on the number of initiatives they carry out, such as taking part in Walk to School Week and cycle training.

Parents are also urged to encourage safe, sustainable travel:

- Walk, scoot or cycle to school with your children if you can. If the school run isn't practical, try other local journeys.
- Traffic congestion around school gates makes the approach to schools more difficult and dangerous. If you have to drive to school, please park away from the school entrance and walk the last couple of minutes.
- Help your child develop their road safety skills by practising with them.
- The council provides free cycle training for children and adults. Road safety talks and shows and scooter sessions are available to schools.

Schools can use their travel plans to identify issues that could be addressed by the council. Across the borough the council is working with Transport for London to extend and improve the network of cycle routes. It is also consulting on limiting speed limits to 20mph in more borough streets.

Beatrix Potter Primary School pupil Amelia Overy won a national competition to design the badges for the Living Streets Walk Once a Week campaign. Her design featured on badges used at schools all over the country.

The closing date for entries for this year's competition is March 18. Find out more at livingstreets.org.uk

If you want to know more about school travel plans, email schooltravelpans@wandsworth.gov.uk

For cycle training advice, email roadsafetyofficer@wandsworth.gov.uk

For information on TfL accreditation see tfl.gov.uk/stars

Beatrix Potter teacher Sally Palmer was awarded TfL's School Travel Plan Champion of the Year.

Sally has been school travel plan champion at Beatrix Potter Primary School for ten years and is one of the longest serving STARS school travel plan champions in London. She has consistently updated the travel plan each year and kept the cycling culture at the school going with impressive results in The Big Pedal cycle competition every year.

A School Travel Plan Champion is a member of staff, parent or school governor who volunteers their time to co-ordinate the school travel plan and inspire pupils and staff to find sustainable ways to travel to school.

WANDSWORTH

24

seven

wandsworth.gov.uk/24seven

News and online services for Wandsworth taxpayers



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- Pop into any pharmacy in your area
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Email: stopsmoking.team@wandsworth.gov.uk
www.stopsmokingwandsworth.co.uk

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we're passionate about wildlife



Balham Library is a winner

Balham Library has won the award for Best Local Culture in the Balham neighbourhood in Time Out's 2015 LoveLondonAwards.

The town centre library draws in large numbers of visitors throughout the week with a five per cent increase in visitors over last year.

Residents can choose from story times and baby rhyme times for the kids, homework clubs, beginners' and advanced English conversation groups, a monthly creative writing workshop, a Golden Years Reading Group and a monthly Urdu reading group, plus access to free wi-fi and a wide range of newspaper and magazine titles to browse.

The council's culture spokesman Jonathan Cook said: "All of Wandsworth's libraries have been run by GLL for the last two years and they're doing an excellent job. Their efficient service means we've been able to afford to keep our entire network open while other councils have had to resort to closures. As this award shows it's a very successful partnership."



Eid event festivities at Balham library

The borough's libraries are run by social enterprise GLL on behalf of the council. Find out what they have to offer you, and check the website of each to find out about special half term events.

Balham Library

Books in Polish, Chinese and Indic languages and a music library.

16 Ramsden Road
(020) 8673 1129
www.better.org.uk/libraries/balham-library

Battersea Library

Regular activities for children and young people, a reference library and an African Caribbean community library.

265 Lavender Hill
(020) 7223 2334
www.better.org.uk/libraries/battersea-library

Battersea Park Library

Regular activities for children and young people, a study room and adult computer training courses.

309 Battersea Park Road
(020) 7720 4122
www.better.org.uk/libraries/battersea-park-library

Earlsfield Library

Regular activities for children and young people, reading groups, events, concerts, music teachers and local groups.

276 Magdalen Road
(020) 8946 2088
www.better.org.uk/libraries/earlsfield-library

Northcote Library

Children's activities including story time and baby rhyme time.

155e Northcote Road
(020) 7223 2336
www.better.org.uk/libraries/northcote-library

Putney Library

A children's library, music library and study room.

Disraeli Road, Putney
(020) 8780 3085
www.better.org.uk/libraries/putney-library

Roehampton Library

Free courses offered by the Boost Life Skills learning centre. Call them direct on (020) 8871 7642.

2 Danebury Avenue
(020) 8246 6979
www.better.org.uk/libraries/roehampton-library

Southfields Library

Services include a library shop area and a housing helpline.

300 Wimbledon Park Road
(020) 8780 1945
www.better.org.uk/libraries/southfields-library

Tooting Library

Internet access, teenage area, learning suite with 12 PCs, tots' activities, talking books, DVDs, books in Polish, Chinese and Indic languages, including Urdu, Punjabi, Hindi, Gujarati, Bengali, Tamil and Farsi plus an extensive Asian community library.

75 Mitcham Road, Tooting
(020) 8767 0543
www.better.org.uk/libraries/tooting-library

Wandsworth Town Library

Reference and information, teenage area, children's library.

11 Garratt Lane, Wandsworth
(020) 8877 1742
www.better.org.uk/libraries/wandsworth-town-library

York Gardens Library

A children's library, eight computers for public use, baby rhyme time, storytime, homework club, after school activities.

34 Lavender Road, Clapham Junction
(020) 7223 2341
www.better.org.uk/libraries/york-gardens-library



Tooting Library

let's get sugar smart



it's important not to eat too much sugar – but do you know how much is in your food?

The new 'Let's Get Sugar Smart' campaign provides families with the knowledge and tools they need to help them cut down.

It includes a new app to help you find out how much total sugar is in everyday food and drink. Simply scan the barcode and it will tell you how many sugar cubes it contains.

The biggest source of sugar for children – around 30 per cent – is sugary drinks.

Around 29 per cent comes from biscuits, cakes and breakfast cereals, 22 per cent from sweets, chocolate, table sugar, jams and other sweet spreads and 12 per cent from yoghurts, fromage frais, ice-cream, and other dairy desserts.

On average, there are nine sugar cubes in a can of cola, over five sugar cubes in a sugary yoghurt and five sugar cubes in a muffin.

The maximum recommended daily intake for seven to 10 year olds is six sugar cubes.

Children between four and 10 on average consume 5,543 sugar cubes through their food and drink each year – that's more than the total body weight of an average five-year-old child.

The new campaign is being supported by the council and the NHS Wandsworth Clinical Commissioning Group made up of local GPs.



To find out how much sugar is lurking in your family's food and drink, download the FREE Sugar Smart app today.



Search Change4Life website for lots of free support, tips, ideas and recipes.

Winter listings

This is just a taste of what's going on. For lots more activities, visit the Family Information Service at www.wandsworth.gov.uk/fis

How to be listed

Send details (including access for people with disabilities) to:

prucki@wandsworth.gov.uk

by Monday April 18, 2016.

We cannot guarantee that your entry will be inserted. This is a free service. The information in this guide has been provided by the advertisers themselves. Wandsworth Council accepts no responsibility for the accuracy of the information or for any event not organised by the council.

Go Ape

Treetop fun in Battersea Park
goape.co.uk



JUST PLAY

HEALTHY STUFF



Caius House Youth Club February Half Term

An action packed week open 12pm -8pm to young people 8-21 year olds

Gym Suite open to 14+: please call to find out when it's open (must have had an induction with us)

- **15 February** - Drama, Arts & Crafts, Cooking Challenge, Make A Film In A Week, Multi Sports
- **16 February** - Dance fitness for girls, Learn How to DJ, Cooking Challenge, Art session
- **17 February** - Arts & Crafts, Cooking Challenge, Multi Sports
- **18 February** - Cooking Challenge, Learn How to DJ, T-shirt Print, Street Dance
- **19 February** - Cooking Competition, Multi Sports, Lip Sync Battle

£1 entry per day.

**Caius House, 2 Holman Road,
SW11 3RL
(020) 3818 6210
www.caiushouse.org**

• Battersea Park Playground

Exciting play equipment suitable for children over 8. Under 8s should be supervised by an adult. Free – just drop in. The playground is open the same hours as the park.

Enter through Sun Gate entrance.

• Playball Playdate at Eddie Catz

Monday February 15, 10am-1pm

A morning filled with sports and games

68-70 Putney High Street

08452 011 268

info@eddiecatz.com

www.eddiecatz.com

• Chinese New Year's Stories

Wednesday February 17, 10am-11.30am

Enjoy crafts, songs, Chinese snacks and stories

**Eastwood Nursery and Children's Centre,
166 Roehampton Lane**

07852 697243

solive@eastwood.wandsworth.sch.uk

• Franciscan Children's Centre

Just drop in although some activities may require booking. The activities are free.

221 Franciscan Road, Tooting

(020) 8672 3048

www.wandsworth.gov.uk/fis

• George Shearing Centre

Open for young people aged 13-25 with severe learning disabilities and complex needs. Activities include pool, drumming, football, art, computers, Wii and a sensory room.

Este Road, Clapham Junction

(020) 7228 2230

aburman@wandsworth.gov.uk

www.wandsworth.gov.uk/youth



• Mini Cooking Club March 5-April 16, Saturdays 11am-1pm

Get hands on in the kitchen at free Cooking With Kids cookery workshops at the London Kitchen Project in Battersea.

See page 7 for more details

• Smoothie Making with a Bike

Thursday February 18, 11am-3pm

Pedal the bike to make your own free smoothie, plus art and craft activities. No need to book – just turn up

Southside Shopping Centre, Wandsworth

• Free Led Walks

Walks led by trained leaders in Battersea, Tooting and Roehampton.

(020) 8871 6373.

• Man MOT

Free confidential online advice for men with a niggling health worry who are too busy to, or just don't want to, visit their GP.

www.wandsworthman.net.

DAYS OUT

• Bird walks

Free guided walks led by Peter White, bird recorder for the commons.
Wandsworth Common: 9am February 14, 8.30am April 24. Meet by the railway station ticket office.
Tooting common: 9am February 21, 8.30am May 1. Meet by the council yard, Dr Johnson Avenue.
(020) 8871 7530

• Chinese New Year Celebrations

Celebrate the Year of the Monkey with crafts, songs, Chinese snacks and stories. Suitable for 0-5 years and mums, dads and carers

- Wednesday February 17, 10am-11.30am, 166 Roehampton Lane. 07852 697243, solve@eastwood.wandsworth.sch.uk
- Friday February 19, 11am-12.30pm, Southfields Library. (020) 8780 1945, elizabeth.hill@gll.org.

• Wetlands Centre – Puddle Jumping Championships

Saturday 13 February – Sunday 21 February

The first ever London Puddle Jumping Championships will be held at the London Wetland Centre during February half term. Children of all ages can grab their wellies and have fun jumping in puddles. Points will be given for style, creativity, enthusiasm and size of splash.

It is 50p per jump official jump, plus paid admission to the Centre. Every contestant will receive a sticker to acknowledge their puddle jumping skills.

London Wetlands Centre

• Family Saturdays at the BAC

February 27, March 26
Join the BAC on the final Saturday of every month for a day of fun, food and free activities, including face painting, music, workshops storytelling and free entry into the magical indoor play space for under 5s.

The recommended age is 0-11s and their families

Battersea Arts Centre, Lavender Hill
www.bac.org.uk



• Putt in the Park

Mini-golf in Wandsworth Park and Battersea Park. Enjoy a round of putting and then relax in the cafe. The new Battersea venue also includes a Pizzeria and Bar. Open 9am to dusk. No booking required.

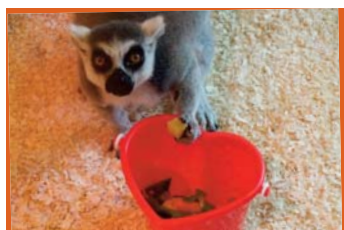
www.puttinthepark.com

• Deen City Farm

Open from 10am-4.30pm all year round. Closed on Mondays.

Children's events, riding lessons, educational programmes and a collection of friendly animals.

39 Windsor Avenue, South Wimbledon
(020) 8543 5300
www.deencityfarm.co.uk



• Battersea Park Zoo

Half term fun at the zoo, including a love heart hunt, Valentine's Day heart shaped animal feed fun and Hibernating Animalz
www.batterseaparkzoo.co.uk

• Vauxhall City Farm

A piece of the countryside in the heart of London. Riding lessons, young farmers club and a collection of animals. Entrance free but donations welcome.

165 Tyers Street, SE11
(020) 7582 4204
info@vauxhallcityfarm.org
www.vauxhallcityfarm.org



• Balham Farmers Market

• February 13. To celebrate Valentine's Day the market is offering a free heart shaped biscuit to local schools and the chance to ice it for free at the market.

• March 5 – Free seed planting
The market is on every Saturday and has moved to a new home at Henry Cavendish School, Hydethorpe Road.
lfm.org.uk/markets/balham/

HOLIDAY PLAYSCHMES

• Christchurch Primary School

Este Road, SW11 - 5 mins walk from Clapham Junction station, for children aged 3-13 years

• Smallwood Primary School

Smallwood Road, SW17 - 15 mins walk from either Earlsfield or Tooting Broadway stations, for children aged 3-11 years
Prices start from £10 per child for a half day (8am - 1pm or 1pm - 6pm) or £20 per child for a full day (8am - 6pm)

For more information call the booking helpdesk on 020 8871 6348 or you can email us at EYISSChildcare@wandsworth.gov.uk. The helpdesk is open Monday to Friday, 10am - 1pm.

SPORTS & FITNESS

• Activ Camps at Emanuel School

Easter camp for children aged 4-14. Dodgeball, quad biking, inflatables. Water slides, indoor rock climbing, swimming. Crazy crash mats, foam stick hockey, obstacle courses.

4 year olds - £25, 5-14 year olds - £40.

Emanuel School, Battersea Rise

<http://activcamps.com/venuesdates/emanuel-school/>



• All Star Tennis holiday camp

Monday 15-19. Suitable for ages 8-14.

- Tooting Bec Common (020) 8675 5824
- King George's Park, Wandsworth (020) 8875 0570

- Wandsworth Park, Putney (020) 8871 4706

- Furzedown Rec, Tooting (020) 8871 4706

- Wandsworth Common (020) 8871 4706

- Leaders Gardens, Putney (020) 8871 4706

<http://www.allstartennis.co.uk>

• Half Term Rowing Camp

February 15-19

9am-noon – intermediate
1.30pm-4.30pm beginners

Suitable for age 11 and up.

£120.

Barn Elms Lodge, Barn Elms
(020) 8788 9472

clennox@wandsworth.gov.uk



• Archery

February half term – please ring to confirm dates and times

Qualified instructors teach the skills of archery in a fun and safe environment.

For young people aged 8-16 years old.

The Aspire Centre, Southfields

(020) 8875 2603

info@aspirecentre.com

www.aspirecentre.com

• Chelsea Soccer Schools

Soccer Schools are for boys and girls of all abilities aged 6-14. Learn the skills of the game in a fun, safe environment.

Battersea Park

(020) 7957 8220

londondevelopment@chelseafc.com

www.chelseafc.com/soccerschools

www.chelseafc.com/soccerschools

• Circus Skills

Thursday February 18, 1.30pm-3pm

Fun, interactive half-term workshop, including juggling and spinning. Suitable for 3-8 year olds and dads, mums and carers

Balham Library

(020) 8673 1129

alex.martin@gll.org

• Fun Inflatable Session

Monday February 15, 2pm

Fun swimming session with inflatable assault course and floats. This session is for children aged 8+ years. £4.

Tooting Leisure Centre, Greaves Place

(020) 8333 7555

www.placesforpeopleleisure.org

Fun Swim

February 15-18

These sessions are for children aged 8+, including non-swimmers, beginners and improvers. Supervised by lifeguards.

£2.20 non-members, £1 members.

The Aspire Centre, Merton Road, Southfields

(020) 8875 2603

info@aspirecentre.com

www.aspirecentre.com

• Herne Hill Harriers Star Track Athletics

February 15-February 19, 10.30am-2.30pm

An all-round athletics experience for all abilities. Suitable for ages 7-14. Please call to book a place.

07721 555688

Stevebosley1@aol.com

www.hernillharriers.org

• Rhythmic Gymnastics

February 15-19

Rhythmic Gymnastics involves elements of gymnastics, dance and apparatus manipulation. Individuals or teams work to music using ropes, hoop, ball, clubs and ribbon, creating beautiful gymnastics routines. These classes are suitable for children and young people aged 6 -13 years.

Aspire Centre, Merton Road, Southfields

(020) 8875 2603

info@aspirecentre.com

www.aspirecentre.com

CHILDREN'S CENTRES

Children's centres across the borough will be holding special half-term activities.

To find your nearest centre and download a timetable, visit www.wandsworth.gov.uk/fs

• Rock Climbing

February half term. Please ring to confirm dates and times

Children can enrol for a single session, a whole day or any other combination of sessions. This session is for young people aged 6-16 years, novice or experienced, plus mums, dads and carers.

Aspire Centre, Merton Road, Southfields
(020) 8875 2603

info@aspirecentre.com
www.aspirecentre.com

• Trampoline

February 15-19

Bounce, jump, tumble and spin into this jam-packed trampolining course. For children and young people aged 4 – 12. Call for information and to make a booking.

Tooting Leisure Centre, Greaves Place
(020) 8333 7555

• Multi-sports Activity Day

February 15-18

Various sports including basketball, cricket, mini-tennis, rounders, team building and more.

For young people aged 5-10. £20 a day.
Please call to book a place.

Aspire Centre, Merton Road, Southfields
(020) 8875 2603

info@aspirecentre.com
www.aspirecentre.com



• Swimming crash courses

February 15-19

Classes for children of all abilities aged four and over
Book in advance as spaces are limited.

£35 members.

Tooting Leisure Centre, Greaves Place, (020) 8333 7555
stephanieforeman@pfleisure.org.

www.placesforpeopleleisure.org/centres/tooting-leisure-centre

• Yoga

Friday February 19, 10am-11.30am

This half term Yogabugs workshop will able you and your little one to combine yoga postures with exciting adventures. Suitable for 2-5 years, mums dads and carers. Older siblings welcome.

Smallwood Children's Centre, Tooting.
(020) 8672 6024 (option 1)

jenniferhindmoor@smallwood.wandsw
orth.sch.uk

• Zesh Rehman Foundation Football

These Saturday afternoon football coaching sessions are for any 3-11 year old who enjoys playing football and wants to improve their skills.

Graveney School, Welham Road, Tooting.

07583 628 324

info@zeshrehmanfoundation.org
www.zeshrehmanfoundation.org



• Fencing

Classes every Monday and Wednesday.

Fencing for beginners aged 7-12.

£8 per session including the use of all equipment, with half price rates available for people that lie on local estates. Ethelburga Community Centre, Battersea

Londonunifencing@hotmail.com
www.thefencingschool.com.

THEATRE & BOOKS

MUSIC



• At The End of Everything Else February 18-20

When her best friend goes missing, Ioka puts her inventive mind to the test and sets off to save. Performed with puppetry, animation, music and sound, this show is suitable for children aged 6+.

Tickets £12, £9 concessions
BAC, Lavender Hill
www.bac.org.uk

• Perform Half Term Holiday Courses – Narnia!

Watch your child go through the wardrobe with Susan, Peter, Edmund and Lucy as they battle the White Witch and cheer Aslan the Lion. Over three full days your child will work alongside an energetic team of the theatre professionals.
St Francis Xavier College, Ramsden Road, Balham 0845 400 4000
enquiries@perform.org.uk
www.perform.org.uk

• Hansel and Gretel Until April 10

The Brothers Grimm tale retold.
£12, £10 concessions
Colour House
Theatre, Merton
Abbey Mills, SW19
www.colourhousetheatre.co.uk



• The Importance of Being Earnest

February 17-20

Oscar Wilde's classic satire on marriage among the upper classes.

Tickets £10, concessions £7.50

Chestnut Grove School, Balham

Box office: 07914 657524 or book online at www.southsideplayers.org.uk

• Family Music Making Monday February 15, 11am-12.30pm

At this half-term workshop you can make a simple instrument and get tips on introducing rhythm, rhyme and listening skills at home. Suitable for 0-5 years with dads, mums and carers. Older siblings are welcome.

Battersea Park Library, Battersea
(020) 7720 4122
Batterseapark.library@gll.org

• National Opera Studios Wednesday lunchtime recital

March 2, 1.10pm

Anyone can go along to these free concerts held on the first Wednesday of every month – no need to book.

All Saints Church, Wandsworth

• Putney Music: Lord and Lady of the Ring

Mon, March 21, 8pm – 10pm

A portrait of two great Wagnerian opera singers – the soprano Frida Leider and the tenor Jon Vickers, who died in July 2015.

Members and young people free, visitors £5

The Dryburgh Hall, Putney Leisure Centre
www.putneymusic.org.uk



• The Paper Dolls

Until March 13

Adapted from the best-selling book by Gruffalo author Julia Donaldson. Suitable for ages 3-6.

Tickets £12.
Polka theatre,
Wimbledon
www.polka-theatre.com

ARTS AND CRAFTS

• Active Art Children's Workshops

February 16-19

Full and half day sessions

Naturescope Nature Centre, Wandsworth Common

07775 781332

artimatelondon@gmail.com

• Pil and Galia Kollektiv at the Pump House Gallery

Exhibition preview: 23 February

2016 6:30 – 8:30pm

Exhibition dates: 24 February – 27 March 2016

The first solo exhibition by the London-based artists will see the gallery become an exploratory setting of an artwork that constantly evolves, offering different experiences to visitors as the project develops.

Pump House Gallery Battersea Park

(020) 8871 7572

www.pumphousegallery.org.uk



• Easter Arts and Crafts and Egg Hunt Workshop

Wednesday April 6, 10am-11.30am

Create an Easter basket and spring animal mask and enjoy a chocolate Easter egg hunt

166 Roehampton Lane

07852 697243

solive@eastwood.wandsworth.sch.uk



• Arts and Crafts at Aspire

Explore your creativity and get messy! For children aged 7-13 of all abilities.

Aspire Centre, Merton Road, Southfields

(020) 8875 2603

info@aspirecentre.com

www.aspirecentre.com

• Cartoon Workshop and the Big Draw

Tuesday February 16, 11am-3pm

Come and have a free cartoon portrait of your child and learn some basic drawing tips. No need to book – just turn up.

Southside Shopping Centre

• Affordable Art Fair

March 10-13

Contemporary Art Fair. All work for sale under £5,000 to make art widely accessible.

Battersea Park

www.affordableartfair.com/battersea

• Sewing and Growing

Wednesday March 30, 10am-11.30am

Take home your own pot of seeds and watch them grow! This session is for parent/carers and children aged 2-5 years. Free.

Putney Vale Community Centre

07852 697243

solive@eastwood.wandsworth.h.sch.uk

• Putney School of Art and Design Half Term Programme

Various courses for adults plus Pottery for children and their parents.

(020) 8788 9148

Oxford Road, Putney

www.wandsworth.gov.uk/psad



CHILDREN WITH DISABILITIES

• Alton Resource Base Holiday Scheme

For children aged 3-11 with Autistic Spectrum Disorder.

(020) 8871 6348

playservices@wandsworth.gov.uk

psebookings.wandsworth.gov.uk

• DSC Community Club half term sports day

Tuesday February 16, 10am-1pm

A free fun morning of cricket and new-age kurling, suitable for young people aged 11 and over with any disability.

(020) 8021 0973

Caius House Youth Centre, Battersea

EMMA@DISABILITYSPORTSCOACH.CO.UK

Family fun Day for autistic children and their siblings

February 16 and February 18, 1pm to 4pm.

Soft play, sport, bouncy castle, arts and crafts. Parent Champions will be giving information on the Disabled Children's Register and WAND Card.

Entry £5 per child or £4 for WAND Card holders.

Tooting Leisure Centre, Greaves Place

a2ndvoice.com

• Lady Allen Holiday Play scheme

Lady Allen provides a holiday play scheme for adventurous play for disabled children and their siblings from the borough of Wandsworth between the ages of 5 -14. It offers outdoor and indoor facilities on a secure site including a soft play area, an indoor slide, arts and crafts, swings, hammocks, a zip wire, a giant see saw, slides, tree houses and a wide range of two and three wheeled bikes.

Phone and ask to come for a visit on a Saturday, between 11am and 3pm with your child. On that visit all forms can be completed and your child's needs can be assessed.

Lady Allen Adventure Playground, Chivalry Road, Clapham Junction

(020) 7228 0278 ian.logan@kids.org.uk

www.kids.org.uk



• London Recumbents - free bike hire for WAND Card holders

WAND Card holders and children and young people with disabilities or special educational needs from Wandsworth can enjoy free hire of a range of modified and adapted bikes, trikes, tandems and recumbent cycles at London Recumbents in Battersea Park

(020) 8299 6636

info@londonrecumbents.com

www.londonrecumbents.com

GET FIT OUTDOORS



Outdoor gyms are a way to get fit in the fresh air without the need to get expensive gym membership. They are aimed at adults, but can be used by anyone.

There are outdoor gyms in the following parks:

- York Gardens, Battersea
- Heathbrook Park, Nine Elms
- Shillington Park, Battersea
- Furzedown Rec, Tooting

In addition, trim trails are a fun way to get some exercise keep fit. There are trim trail courses in

- Heathbrook Park
- King George's Park, Wandsworth
- Wandsworth Common.

Other sports and fitness facilities in parks include trim trails, athletics tracks, a lido, tennis courts, sports pitches playgrounds and bowling greens.

Find out more at

wandsworth.gov.uk/parksfacilities.

How do I find out about...

Schools

General information: [wandsworth.gov.uk/schools](https://www.wandsworth.gov.uk/schools)

Admissions: [wandsworth.gov.uk/admissions](https://www.wandsworth.gov.uk/admissions)

Term dates: [wandsworth.gov.uk/termdates](https://www.wandsworth.gov.uk/termdates)

Find a school: [wandsworth.gov.uk/schoolsAtoZ](https://www.wandsworth.gov.uk/schoolsAtoZ)



Recycling

General information: [wandsworth.gov.uk/recycling](https://www.wandsworth.gov.uk/recycling)

What can I recycle?:
[wandsworth.gov.uk/recyclefromhome](https://www.wandsworth.gov.uk/recyclefromhome)



Arts, leisure and culture

Arts: [wandsworth.gov.uk/arts](https://www.wandsworth.gov.uk/arts)

Events: [wandsworth.gov.uk/events](https://www.wandsworth.gov.uk/events)

Libraries: [wandsworth.gov.uk/libraries](https://www.wandsworth.gov.uk/libraries)

Leisure centres and sport: [wandsworth.gov.uk/sport](https://www.wandsworth.gov.uk/sport)

Adult Education: [wandsworthlifelonglearning.co.uk](https://www.wandsworthlifelonglearning.co.uk)



Parks

General information: [wandsworth.gov.uk/parks](https://www.wandsworth.gov.uk/parks)

Playgrounds and trim trails A-Z:
[wandsworth.gov.uk/playgroundsAtoZ](https://www.wandsworth.gov.uk/playgroundsAtoZ)



Health, childcare and parental support

[wandsworth.gov.uk/fis](https://www.wandsworth.gov.uk/fis)



Would you like

15 free early
learning
hours and play

for your two-year-old?

www.wandsworth2yearold.org.uk

Parents and carers must meet the eligibility criteria in order to qualify.

Telephone: 020 8871 8339

Email: eecp@wandsworth.gov.uk

