

Safeguarding adults at risk

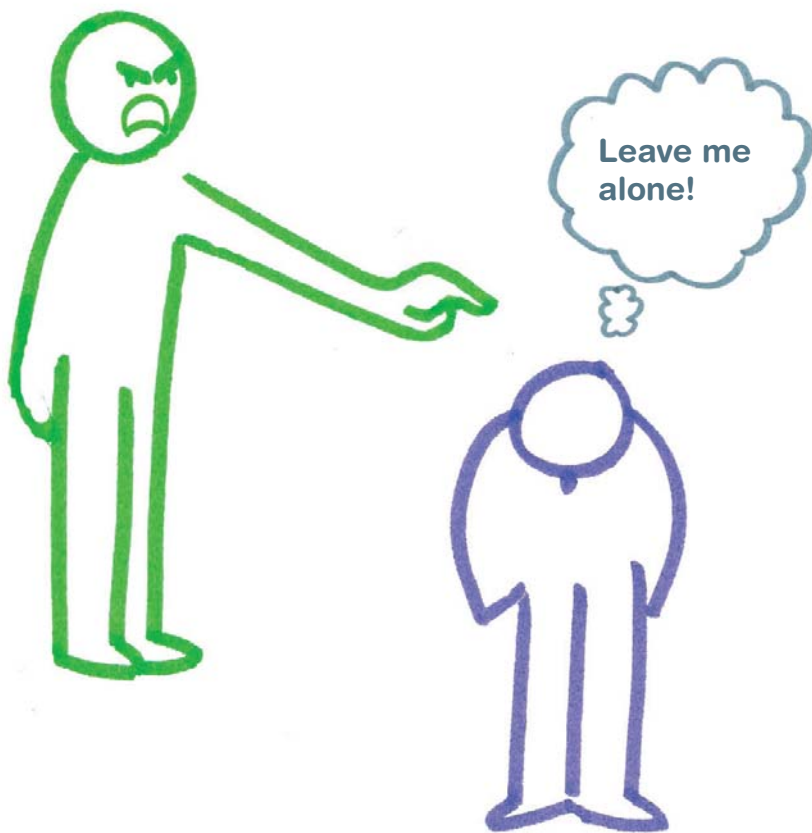
Say **NO** to abuse

How to stay safe

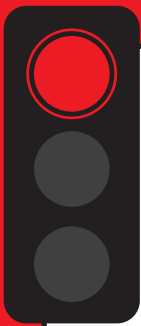




**If you are being
bullied...**



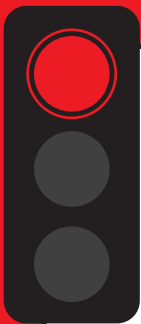
...tell someone you trust



If someone
hurts you...



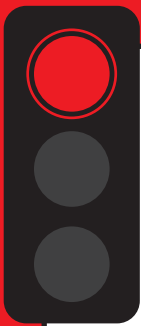
...tell someone you trust



If you are being
picked on or left out...



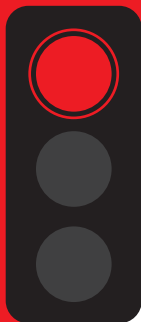
...tell someone you trust



**If someone wants
your money but you
don't want to give it
to them...**



...tell someone you trust



**If someone forces you
to have sex or
be touched...**



...tell someone you trust



**If you feel lonely
or neglected...**



...tell someone you trust



Being safe is...



...finding someone you
trust to talk to so that
they can help you



Who can help...

For emergency help now
phone **999**

To tell us you need help
contact the **Access Team**
phone **(020) 8871 7707**
(9am-5pm, Monday to Friday)

or **Safeguarding Adults Team**
phone **(020) 8871 5855**
(9am-5pm Monday to Friday)

Or after 5pm and at weekends
contact the **Out of Hours Team**
phone **(020) 8871 6000 (24 hours)**

Need to talk to someone? Talk to:

- **your social worker or carer**
- **your GP**
- **community nurse**
- **any healthcare worker**
- **the police**
- **your priest, vicar or faith leader**

If you have questions about this booklet
or if you need it in a different format
(for example, large print) please
phone **(020) 8871 7707**
email **accessteam@wandsworth.gov.uk**
minicom **(020) 8871 8485**