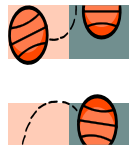


Open Door Community Centre

020 8871 8174 Keavl Drive SW19 6TF

Activities 2009



Monday	Moves Fitness AppleYoga	7.30pm—8.30pm 6.30pm—9pm
Tuesday	AppleYoga Kingsway Church AppleYoga Karate Jitsu Bushi Ryu	9.30am—11am 6pm— 9pm 7.30pm— 9pm 6pm -7pm
Wednesday <i>Starts 22 June 09</i>	AppleYoga Latin American Dancing Aikido AppleYoga Youth Club 10—14 years	10am—11am 7pm—8pm 8.30pm—10pm 7.30pm—9pm 6.30—9.30 pm
Thursday	Falls & Injury prevention Women Over 50 (monthly) Kingsway Church Kamon Wing Chun AppleYoga	10am—12pm 4pm—5pm 6 pm—9 pm 7 pm—9 pm 7 pm—10 pm
Friday <i>For Children New</i>	DanceStars Extended Schools Youth Club 14—19 years	4pm—7pm 3.30pm—5.30pm 7 pm—10 pm
Saturday	Available for hire	
Sunday	Kingsway Church	8am— 1.30pm